

CONGRESS VENUE

Fondazione Irccs San Gerardo Dei Tintori - Congress Center

Via Giovanni Battista Pergolesi, 33 - 20900 Monza (MB)

REGISTRATION METHODS

To participate in the course, participants are required to register at the following link:

www.hinovia.com/acl-injuries

CME ACCREDITATION

The training event has a limited number of places and has been accredited (**4 CME credits**) for the profession of:

- **Surgeon**

Disciplines: General Medicine (Family Doctors), Orthopaedics and Traumatology, Paediatrics, Physical Medicine and Rehabilitation, Sports Medicine

The training event has a limited number of places and has been accredited (**3 CME credits**) for the profession of:

- **Physiotherapist**

Training objective: clinical documentation. Clinical-assistance, diagnostic and rehabilitation paths, assistance profiles, treatment profiles

Type: free event



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ACL INJURIES IN FEMALE ATHLETES

TRANSALPINE CENTER
OF PEDIATRIC SPORTS
MEDICINE AND SURGERY

6th CONFERENCE

Scientific Director
Marco Turati - Monza

Presidents of the Congress
Marco Bigoni - Ponte San Pietro
Nicolas Bremond - Grenoble

MONZA
28th MAY 2026



TRANSALPINE CENTER
OF PEDIATRIC SPORTS
Medicine and Surgery



SCIENTIFIC RATIONALE

The Transalpine Center of Pediatric Sports Medicine and Surgery presents its 6th conference, focused on in depth analysis of ACL injuries in young female football players. Within a rapidly evolving clinical landscape, this event serves a primarily educational purpose: to facilitate the exchange of scientific and clinical experiences among multidisciplinary specialists.

The core objective is to share knowledge regarding female-specific risk factors - anatomical, hormonal, and psychosocial - and to discuss various surgical and rehabilitative options. By providing a platform for sharing between surgeons, researchers, and trainers, we aim to update the professional expertise of participants, fostering a shared understanding for supporting young athletes throughout their treatment and return to sport.

FACULTY

Cristiano Alessandro - Monza
Antonio Andreacchio - Milan
Erik Benedettini - Milan
Pierfrancesco Bettinsoli - Brescia
Marco Bigoni - Ponte San Pietro (BG)
Nicolas Bremond - Grenoble (FR)
Giuseppe Carrà - Milan
Claudio Cogliati - Monza
Alessandro Corsini - Brescia
Andrea Davide Cossio - Monza
Marco Crippa - Monza
Angelo Marco Dirito - Monza
Fabio Esposito - Milan
Paolo Florent Felisaz - Milan
Corinna Franklin - Connecticut (USA)

Diego Gaddi - Ponte San Pietro (BG)
Simone Daniel Gatti - Monza
Massimo Gorla - Monza
Federico Alberto Grassi - Pavia
Maria Laura Nicolosi - Monza
Massimiliano Piatti - Ponte San Pietro (BG)
Emma Maria Proserpio - Monza
Francesca Re - Monza
Agostino Rossoni - Ponte San Pietro (BG)
Davide Tosoni - Milan
Benjamin Tschopp - Lausanne (CH)
Marco Turati - Monza
Judith Waldner - Monza
Giovanni Zatti - Milan

SCIENTIFIC PROGRAM

14.00 - 14.10 Congress Presentation and Institutional Greetings - **G. Carrà, C. Cogliati, F. Re, G. Zatti**
14.10 - 14.15 Introduction, Purpose and Definition - **N. Bremond, M. Turati**

FIRST SESSION

Chairs: **M. Bigoni, A. Cossio**

14.15 - 14.25 ACL Injury Epidemiology in Female Athletes - **M. Crippa, E. M. Proserpio**
14.25 - 14.35 Hormonal Profile in Female Players: ACL Risk and Antithrombotic Safety - **M. L. Nicolosi**
14.35 - 14.45 Radiological Characterization of Female Anatomical Peculiarities: A Focus on the Lower Limbs - **P. F. Felisaz**

SECTION ACCREDITED FOR SURGEONS

14.45 - 14.55 Injectable Therapies for Young Athletes - **S. D. Gatti, M. Gorla**
14.55 - 15.15 Open Discussion on the topics previously covered - **M. Bigoni, A. Cossio, M. Crippa, P. F. Felisaz, S. D. Gatti, M. Gorla, M. L. Nicolosi, E. M. Proserpio**

SECOND SESSION

Chairs: **A. Andreacchio, D. Gaddi**

15.15 - 15.45 Lectio Magistralis: ACL Injuries in Female Football Play - **C. Franklin**
15.45 - 16.00 Open Discussion on the topics previously covered - **A. Andreacchio, C. Franklin, D. Gaddi**

16.00 - 16.15 Coffee break

THIRD SESSION

Chairs: **F. A. Grassi, M. A. G. Piatti**

16.15 - 16.25 ACL Reconstruction: Is There a Specific Female Approach? - **M. Bigoni, J. Waldner**
16.25 - 16.35 ACL repair – Is There a Role? - **E. Benedettini, M. Turati**
16.35 - 16.45 All-Inside Meniscal Implants and Osteochondral Fixation: News and Navigating Neurovascular Risks - **M. Crippa**

16.45 - 16.55 Post-Surgical Recovery and Return to Play Strategies - **B. Tschopp**
16.55 - 17.15 Open Discussion on the topics previously covered - **E. Benedettini, M. Bigoni, M. Crippa, F. A. Grassi, M. Piatti, B. Tschopp, M. Turati, J. Waldner**

FOURTH SESSION

Chairs: **P. Bettinsoli, A. Corsini, F. Esposito**

17.15 - 17.25 Psychological Factors in Pediatric Sports Medicine - **C. Franklin**
17.25 - 17.35 Mimicking the ACL-Reflex: Non-Invasive Proprioceptive Neuromodulation - **C. Alessandro**
17.35 - 17.45 Role of Knee Bracing in Sports - **A. Rossoni**
17.45 - 17.55 Prevention Programme in Soccer - **A. M. Dirito**

SECTION ACCREDITED FOR SURGEONS

17.55 - 18.05 The Management of Post-Traumatic and Post-Surgical Pain - **D. Tosoni**
18.05 - 18.20 Open Discussion on the topics previously covered - **C. Alessandro, P. Bettinsoli, A. Corsini, A. M. Dirito, F. Esposito, C. Franklin, A. Rossoni, D. Tosoni**

18.20 - 18.30 Conclusion and take-home message - **M. Turati**
18.30 - 18.45 Fill in CME questionnaire and end of the meeting

SCIENTIFIC DIRECTOR

Marco Turati - Monza

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